

## TIPS FOR PROFESSIONALS

- ❖ Keep the focus on the healing, not picking the better parent
- ❖ Give parents the tools to include them, not keep them out
- ❖ Don't ask kids which parent they prefer



## TIPS FOR SCHOOLS

- ❖ Make sure both parents are invited to school events, seat separately if needed
- ❖ Legally, both parents get report cards and can attend teacher meetings
- ❖ Offer activities for children in conflict resolution

## TIPS FOR PARENTS WHEN YOUR CHILD(REN) REACH OUT

- ❖ Even if your child acts with anger towards you, respond with love
- ❖ Don't expect your ex to change, instead respond to reduce conflict
- ❖ Focus on connection, not correction



Resources are available at

# Erasing Family.org



Find us on Facebook, Instagram and TikTok @ErasingFamily

**FREE text line for kids and parents for emotional support (865)4FAMILY**

## WHERE TO WATCH

All films are available at [www.erasingfamily.org](http://www.erasingfamily.org) and free to stream on YouTube, Tubi, and Kanopy, or rent for an ad-free experience on iTunes or Amazon



# Erasing Family

Documentary

**We need to strengthen family bonds after divorce, not #ERASE them!**

The *ERASING FAMILY* documentary follows young adults fighting to reunite with their broken families.

In the US alone, **over 25 MILLION PARENTS** are being erased from their children's lives after divorce and separation.



## ***Happy endings are possible!***

The film ends with children and parents being reunited on screen and will inspire other kids to reach out to #erased parents, siblings and grandparents.



The ***Erasing Family Documentary*** has been endorsed by the American Psychological Association, Conflict Resolution Expert Bill Eddy. **The film has reunited kids and parents!**



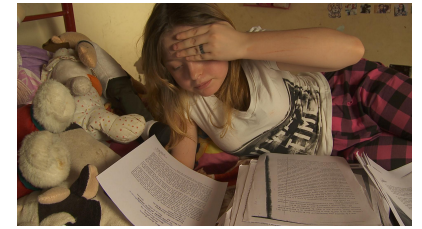
***\*Available for training family court and mental health professionals, school staff, high school, and university students, as well as domestic violence and police training***

## **CHILDREN'S BILL OF RIGHTS**

***If my parents are not together,  
I have the right***

1. to love, and be loved by, both of my parents without being made to feel guilt, pressure, disapproval, or rejection from anyone in my family.
2. to be kept out of the middle of my parents' conflict and not to be forced to pick sides, carry messages, or hear complaints from either parent about the other.
3. to have a regular daily and weekly routine.
4. to refuse to choose between my parents. This includes not being asked to decide which parent will attend an event because both can't be in the same place and not being asked to determine with which parent I will be spending any particular holiday.
5. to be asked about preferences and safety concerns, but not to be asked to choose with whom I want to live. Having to make this kind of choice will always hurt someone, and hurting the people I love hurts ME. I reserve this right even when I am a teenager and am offered the choice by some adult authorities.
6. to express my feelings to my parents in an appropriate manner.

(continued)



7. to refuse to serve as a friend or therapist to my parents. I am not responsible for their feelings or for cheering them up. I do not deserve to be subjected to their adult problems and complaints.
8. to love and see as many people in my life as I want—including siblings, step-parents, and relatives—without being made to feel guilty or disloyal
9. to refuse to replace a biological parent with a step-parent or to refer to anyone who is not my biological parent as "mom" or "dad."
10. to remind myself and everyone around me that I did not choose my parents. They chose each other, and, together, they chose to bring me into the world. Anything that is said by one parent about the other parent is said about half of me.

***Ginger Gentile, Director & Producer***

Named an Architect of Change by Maria Shriver for her work reuniting families, director Ginger Gentile can speak to your group about how to make divorce healthier for kids.

